

Overcoming Boring Prayer

Discovering the Keys to Enjoyable Prayer

IV. Practical Tools

Tool #1:

Remember, when you pray, you are praying to a real man on a real throne. You're not praying to an "idea" or a "concept." Sometimes I even picture myself standing or kneeling before the Father, or sitting next to Jesus when I pray. I'm not praying to a mental idol, but rather reminding myself that it's a real conversation, not just some spiritual exercise.

Tool #2:

Make it a regular practice to ask God how he feels about you. Take the time to listen. Let the truth of your real identity exhilarate your spirit. Agree with His assessment of you. Pray from that place of identity and confidence.

Tool #3:

Make it a regular practice to sing your prayers. It doesn't matter if you think your voice sounds good or not. GOD LOVES IT! Something happens both in our hearts and His heart when we sing our prayers to Him.

Tool #4:

Regularly gather with others who love to pray. Enjoyable prayer is contagious.

Tool #5:

Regularly pray for the sick, diseased, the hurting, and broken. I promise you when God shows up and shows out by healing someone that you have prayed for, it is soooooo much fun!

Tool #6:

Practice diversity in prayer. There are millions of ways to commune with God. Creativity can keep things from getting stale or boring.

Tool#7:

What do you love to do? Do/use that in and as prayer. Follow your creativity, it'll lead you to your Creator.

Tool #8:

Pray through a book of the Bible. Each day, read a section of the book. Then turn it into dialogue with God. Talk to Him about the passages.

Tool #9:

Journal your prayers. Then from time to time, go back and read the journals. God often speaks to me through previous prayers that I've prayed for myself.

Tool #10:

Smile! Next time you pray, try keeping your eyes open and smiling while you talk...just try it. ☺