

Teach Us To Pray

Matthew 6:9-13

1. Jesus intends us to take prayer seriously.
2. *“Our Father”* why does Jesus put this in the plural?
 - a. Our prayers are as acceptable as his prayers.
3. *“Give us this day our daily bread.”* Jesus teaches us to live in *day tight compartments*.
 - a. Prayer is designed to keep us in daily dependence upon God.
4. Anxiety is a symptom of prayerlessness.
 - a. 1 Peter 5:7
 - b. Prayer is meant to be an actual transference of the burden.
 - c. We are to carry the prayer but not the burden.
 - d. Matthew 11:29
 - e. Psalm 55:22
5. Philippians 4:6-7 We are to whittle our worries into prayers.
 - a. When we have transferred the burden, his peace guards our *hearts* (the way we feel) and our *minds* (the way we think).