

Real Prayer

- i. **Real Prayer** --- is our acknowledgement of our need to change
- ii. **Real Prayer** --- is an openness to be changed
- iii. **Real Prayer** --- discovers that the issue of prayer is not prayer, the issue of prayer is God.
- iv. **Real Prayer** --- brings us into contact with God
- v. **Real Prayer** --- enters beyond the veil
- vi. **Real Prayer** --- gives God more and more of our undivided attention
- vii. **Real Prayer** --- causes us to be irradiated by love
- viii. **Real Prayer** --- takes us deeper and deeper into the temple (our bodies) and there discovers an inner door that leads to the numinous of God
- ix. **Real Prayer** --- restores the Divine Image
- x. **Real Prayer** --- brings us face to face with our own inmost truth
- xi. **Real Prayer** --- is not a psychological trick but a theological grace—a grace that exposes the root of our nature to God and to ourselves
- xii. **Real Prayer** --- leads us beyond our emptiness to the discovery of a love that betroths us to God