

# Praying in the Spirit

**Romans 8:26-27** In the same way the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes for us with groanings too deep for words; <sup>27</sup> and He who searches the hearts knows what the mind of the Spirit is, because He intercedes for the saints according to the will of God.

1. **Romans 8:26** Or "groanings." We find **three groanings** in this chapter. **Creation groans** for the glorious freedom of God's children (v. 22), **we groan** to experience the fullness of our status as God's children (v. 23), and **the Holy Spirit groans** for our complete destiny to be fulfilled (here).
2. **True prayer** is God the *Holy Spirit* talking to God the *Father* in the name of God the *Son*.

## Praying in Tongues

**1 Corinthians 14:2** For one who speaks in a tongue does not speak to men but to God; for no one understands, but in his spirit he speaks mysteries.

1. **1 Corinthians 14:2** *Speaking mysteries* that deepen our communion with God
2. **1 Corinthians 14:4** *Edifies himself*
3. **1 Corinthians 14:16-17** *Giving thanks to God*
4. **1 Corinthians 14:14** Praying in tongues is non-cognitive communication / communion

**1 Corinthians 14:18** I thank God, I speak in tongues more than you all...

**Jude 1:20-21** But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit, <sup>21</sup> keep yourselves in the love of God...

**Ephesians 6:18** With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints..

## How Does the Spirit Help Us in Prayer?

1. The Spirit introduces us into the presence of the Father (Ephesians 2:18)
2. The Spirit is called the "*the Spirit of grace and supplication*"
3. The Spirit imparts a sense of our sonship (Galatians 4:6)
4. He helps us in our weakness (**Romans 8:26** *In the same way the Spirit also helps our weakness*)
  - a. Ignorance of our minds
  - b. Infirmities of our bodies
  - c. Maladies of our souls
5. Praying in the Spirit tenderizes our hearts
6. Praying in the Spirit is to want the will of God
7. Praying in the Spirit is to be an instrument of God
8. Praying in the Spirit is to become *synthesized* with the Word of God

## Praying in the Spirit is an Interdimensional Activity

1. To pray in the Spirit is to stand at the intersection of time and eternity
2. To pray in the Spirit is to establish a junction between heaven and earth
3. To pray in the Spirit is to live at the interchange of matter and Spirit
4. To pray in the Spirit is to become the knot that ties heaven and earth together
5. To pray in the Spirit is to open the door wide for Christ to come in (Revelation 3:20)